



Almost all the rooms at the Franciscan Center sleep 2 persons and have a private bath. A few

sleep 3. A couple of the rooms share a bath with another room. Please indicate any preference you have for a roommate: _____

Do you have any special needs?

- _____ accessible room?
- _____ gluten free?
- _____ lacto-ovo vegetarian?
- _____ will you be bringing oxygen?

There is no elevator at The Franciscan Center. Ramping makes buildings accessible to the first floor. There are two handicap accessible rooms in the sleeping quarters.

The Franciscan Center cannot accommodate food allergy issues. Only GF and L-O vegetarian (meatless) special meal requests can be provided, and **ONLY IF ADVANCE NOTICE is given.** Guests with allergies are welcome to bring their own food to eat in the dining room with the group. There is a refrigerator in the meeting room.

What should I bring?

The Franciscan Center is located on the northwest edge of Colorado Springs. Bring casual, comfortable, "camp" clothes and good walking shoes.

Bedding, towels and soaps are provided in each room (no hair dryers).



Friday

- ◇ 4 pm Check-in begins
- ◇ 5:30—6pm Meet & greet, light supper
- ◇ 6:15 pm Introductions & announcements
- ◇ 7pm Small groups meet
- ◇ 8 pm Keynote presentation

Saturday

- ◇ 8 am Breakfast
- ◇ 12 pm Lunch
- ◇ 6 pm dinner
- ◇ Keynote presentations morning and evening
- ◇ Optional activities or free time in the afternoon

Sunday

- ◇ 8 am Breakfast
- ◇ 9 am Worship
- ◇ 11 am Retreat ends



**Sorry, no refunds after 4/2/18
Registration deadline 4/20/18**



May 4-6, 2018

WHAT NOT TO WEAR

A Make Over Retreat for Your Spirit

Presented by:

Rev. Barb Lefevre Lyons



REGISTER BY
APRIL 2ND
~ ONLY \$175 ~
SIGN UP TODAY!

New Location!
The Franciscan Retreat Center
Colorado Springs
franciscanretreatcenter.org



Presenting

Rev. Barb Lefevre Lyons

Barb has been a pastor with the PC (USA) for 30 years, the past 10 in Denver Presbytery at Presbyterian Church of the Covenant. Barb leads a fun and innovative staff at Covenant, a church known for its cultural and generational diversity. One of Barb's deepest values is that women need to help, support and lift-up other women. She loves speaking at women's retreats and being part of the beautiful relationships that result. Barb has been married for 19 years to Pierre Lyons who is a flight attendant for Southwest Airlines. They have two teen-age sons.

Retreat Hosts:

- Presbyterian Church of the Covenant
- Genesis Presbyterian Church
- Green Mountain Presbyterian Church
- Trinity Presbyterian Church
- Arvada Presbyterian Church
- St. Paul Presbyterian Church
- Church of the Hills Evergreen

WHAT NOT TO WEAR

A MAKE OVER RETREAT FOR YOUR SPIRIT

Do you have clothes in your closet you haven't worn in years, but just can't let go? Do you have outfits that make you feel spectacular and others that make you feel dumpy? It's the same way with life. The attitude you choose to "wear" every day will affect how you feel, how you interact with others, and how well your day goes. We are going to get busy and clean some closets together with the goal of fully engaging in and appreciating every day.

We hope you'll join us for this wonderful women's weekend that we promise will be incredibly fun and uplifting for your spirit!



Friends, Fellowship and Mountains

REGISTRATION FORM

PLEASE TEAR AT DOTTED LINE, FILL OUT BOTH SIDES AND MAIL IN WITH PAYMENT.

Name
Phone
Email
Church
Enclosed, check box that applies:
<input type="checkbox"/> \$175 PRIOR to April 2, 2018
<input type="checkbox"/> \$185 After April 2, 2018

REGISTER BY APRIL 2ND: \$175
AFTER APRIL 2ND: \$185
SORRY, NO REFUNDS AFTER APRIL 2, 2018
REGISTRATION DEADLINE APRIL 20, 2018

Make check payable to PCOC (please note "Women's Retreat" on check)

Please note special needs on reverse side of this form: Gluten free and meatless vegetarian special diets can be accommodated ONLY if noted on your registration and received by the April 2nd deadline.

Mail to:
Presbyterian Church of the Covenant
Women's Retreat 2018
5400 S Yosemite St, Greenwood Village
CO 80111